

**From:** Missoula Forum for Children and Youth  
**To:** [Antila, Mackenzie](#)  
**Subject:** Your weekly newsletter is here!  
**Date:** Friday, March 31, 2017 8:04:17 AM

Read our new mobile friendly newsletter on your phone!



Our mission is to lead collaborative, proactive community efforts to prevent underage substance use and to foster the development of healthy and resilient children and youth.

## What's Happening at the Forum



### Friday, March 31st

#### Child Abuse Prevention Month Kickoff Event

Missoula County Courthouse Lawn

12:00pm - 2:00pm

April 1st marks the start of Child Abuse Prevention Month. Please join us at the Missoula County Courthouse for our annual kickoff event. There will be professional and parent speakers as well as giveaways for kids and families, a Pop up Playground, parenting resources.

[Learn More](#)

### Register for this Event!

#### State of the Young Child 2017

Tuesday, April 25th

Hilton Garden Inn, Missoula

Training - \$10

8:00am - 11:00am

Sexual Behaviors in Young

## Caring for Children Our Best Investment



State of the Young Child 2017



Children: Recognizing  
Concerning vs. Healthy Sexual  
Behavior  
*Trainer:* MC Jenni, MSW, Care  
Coordinator at First Step  
Resource Center, Providence St.  
Patrick Hospital  
and  
Introduction to the Community  
Resiliency Model (CRM)  
*Trainer:* Dana Eisenberg, LCSW

### Luncheon - \$20 11:30am - 1:00pm

Keynote Speaker: Mike Halligan, Executive Director, Dennis & Phyllis  
Washington Foundation

Leaders in health, business, and early childhood are invited to participate in this event highlighting issues that impact young children and families in Missoula. In order for a child to grow up to become a healthy and productive adult, they need to have quality early childcare, education, and healthcare. At this luncheon we will be discussing:

- why investing in early childhood is so important;
- creative solutions to address childcare scarcity; and
- how the medical community and childcare/service providers can better connect to support families.

**After the Luncheon** there will be community discussion held at 1:15 pm. We will be discussing "Supporting Families and Strengthening Your Workforce." Luncheon attendees are invited to stay after to learn more about ways that businesses can help support families and discuss next steps for our community.

To learn more about the the event or how to register, go to <http://conta.cc/2mtwseX>.

## Week of the Young Child Event for Families!

Free Family Night at A Carousel for Missoula

Monday, April 24th

4:00pm - 5:30pm

101 Carousel Drive, Missoula



We are inviting Missoula families to join us for a FREE night of carousel rides for kids to celebrate "Week of the Young Child!" Be sure to mark your calendars for this great event! There will be free carousel rides and hot cocoa!

For questions or to learn more about the event contact Leah Fitch at [leah@missoulaforum.org](mailto:leah@missoulaforum.org) or call 406-

# Montana Legislative News

**Important:** The information provided here is to collect news stories about relevant bills coming up in the 2017 Montana Legislative Session. This is for educational and informational purposes only and is not a reflection of the opinion of this office.

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## Naloxone Access

"No Easy Fix For Montana's Opioid, Heroin Epidemics"

Liz Schwartz's brother overdosed in their parents' garage after sucking prescription opioids out of a used fentanyl patch. His mother found him on the floor and immediately called an ambulance. He made it to the hospital in time and survived.



But within a year, Schwartz's father overdosed the same way. He, too, survived. "You think the addict is getting clean, or they're on the right track to getting there, and there's setbacks like that," Schwartz said. "It's terrifying."

While Montana's drug of choice for decades has been methamphetamine, the use of heroin and opioids like fentanyl and oxycodone is significant. The Montana State Crime Lab, which tests drugs found during arrests, reports it has seen a 475 percent increase in heroin since 2013.

Overdose deaths were at their lowest in nearly 15 years in 2015. But, the Office of Epidemiology reported that 181 Montanans died of prescription opioid deaths between 2012 and 2015.

In an effort to prevent more overdoses, state lawmakers are currently debating two bills that would allow for easier access to naloxone, a drug that reverses the effects of overdose.

[House Bill 333](#), introduced by Rep. Frank Garner, R-Kalispell, is also known as the Help Save Lives from Overdose Act. It allows for naloxone to be prescribed to organizations as well as individuals, meaning police departments and schools would be able to have it on hand in the event of an overdose.

The bill also requires pharmacists to provide basic training for use of naloxone, and gives legal and civil immunity to people who administer the drug.

[House Bill 323](#), introduced by Rep. Gordon Pierson, D-Deer Lodge, allows schools to administer naloxone to students or non-students they believe are overdosing. Garner's bill also allows for administration of the medication in a school setting.

"This is proven to save lives, and will prove to save lives in the state as we see an increase in opioid use and abuse," Garner said.

Both bills have received broad support in both the House and Senate. HB 323 passed the House on a 95-3 vote, and passed the Senate last week unanimously. HB 333 passed the

House unanimously, and is set to be read by the entire Senate.

[Link to Article](#)

## In Other News

### Parenting Young Children

"Motivating a Child"

How can a parent help cultivate a child's motivation in balance with complete acceptance of a child? What are the differences between "boundaries" and "unconditional acceptance"?

Parents can't choose between boundaries and unconditional acceptance. The goal is to work toward balancing the two.



Children's motivation partly depends on their feeling that they matter to others. From infancy, that feeling helps them believe in themselves. Why would any child be motivated to take on a new challenge if she sees herself as a failure?

Motivation begins at birth. Parents start the process by loving their baby, holding her, cooing, singing and rocking, setting up rhythms of smiling, vocalizing and touching that make her feel cared-about.

Within this cocoon of attachment, your baby begins to reach out for you. When you respond to her laughter with yours, she is learning - even in the first months of life - that things happen when she takes action. These exchanges are the beginning of motivation. She reaches out for others, and then for the world.

If she gets no response to her first coos and babbles, a baby doesn't see much point to trying to make an effort.

As your baby grows into a toddler, your job gets more complicated. You have to set boundaries to be sure that her environment is safe to explore as she learns the motor skills - cruising, scooting, crawling and walking - that give her a new independence. When she's just begun to toddle, you set the limit - no climbing up the stairs unless you're right there to help her practice. You can foster motivation even when you need to balance it with limits: "You can try climbing the stairs when I'm here to hold your hand." But you also have to install safety gates, since a toddler can't be expected to remember the limits when her own motivation tips the balance. She tests you. She scrambles toward the stairs, then looks back to see if you really mean that she not climb them. Once you let her know you're in earnest, you need to pick her up and stop her if she can't stop herself.

[Link to Article](#)

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### Child Poisoning Prevention

"Poison Control Centers Receive 32 Calls a Day About

## Children Exposed to Opioids"

The phone rings once approximately every 45 minutes - that is how often poison control centers in the United States receive calls about children being exposed to prescription opioids, according to a study published Monday.



Over a span of 16 years, from January 2000 until December 2015, about 188,000 calls were placed to poison control centers regarding pediatric and teenage exposure to opioids, [the study published in the journal Pediatrics](#) found. Sixty percent of the children exposed to opioids were younger than 5, while teenagers accounted for 30 percent. (Here's how to reach the [American Association of Poison Control Centers' help line](#).)

Pediatric exposure to opioids increased by 86 percent from 2000 to 2009 but decreased overall for all ages under 20 from 2009 until 2015, the study found. Increasing awareness among people with prescription drugs, physicians putting more thought into prescribing opioids, and prescription drug monitoring programs implemented by many states and efforts by different organizations could have contributed to the decrease in exposure, said Marcel Casavant, study author, medical director of the Central Ohio Poison Center and chief toxicologist at Nationwide Children's Hospital in Columbus.

"We are not quite sure, and so it would be good to try to sort out of all the things that we are trying, which ones are the most effective and how can we spend more time doing that," Casavant said.

[Link to Article](#)

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## Autism Awareness

"How to Help Children with Autism Make, and Keep, Friends"

Matthew rarely was invited to birthday parties or play groups as a young child. On the few occasions he was included, his mother said a prayer and "hoped nothing bad would happen," she recalls.



"Crowds overwhelmed him. The noise, the games and toys were too much, and sometimes he'd run to another room and hide. What made social situations even harder was that he struggled with impulse control. And he gets locked on ideas. He was perceived as the different one," says Cat of her now 14-year-old son, who has autism. (Cat and Matthew are identified by their first names only, to protect their privacy.)

Though he desperately wanted to make friends, it was difficult for Matthew, just as it is for many kids with communication barriers and other challenges that make bonding hard. Many of these kids don't know how to begin to make friends. Some can reach out initially, but the friendship quickly fades because they lack the social and communication skills required to navigate and maintain relationships, says Lessie Kauzlarich, program coordinator for the Oakmont secondary program at Frost School in Rockville, a day school for students with autism.

"They don't understand why the car went off the road," she says. "They keep trying the same

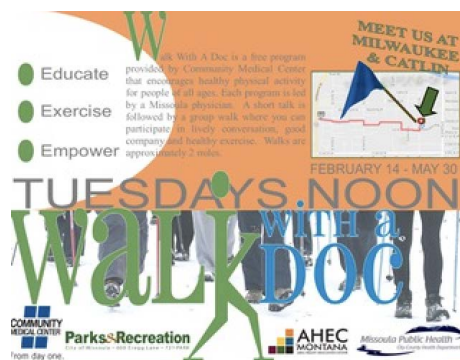
things that haven't worked and, without help, they often eventually give up," she says. Kaulzarich has seen students with autism grow and form healthy bonds, but it takes a lot of practice, especially in expressing themselves and learning what is considered appropriate behavior.

To be successful, they need to begin exercising their social and emotional muscles early, and in different settings, with children who have similar issues, and with those who do not. There are plenty of opportunities to gain experience in special programs designed for them, such as autism group meetups where they may engage with people their age who have similar needs. But finding the right social circles with "typically developing" kids can be hard. Cat and Mathew have worked at it for years, trying to find the best fit.

Children who do well get a lot of practice in generalizing skills in different scenarios, which they can then apply to other situations.

[Link to Article](#)

## Upcoming Events & Announcements



### Every Tuesday through May

#### "Walk With A Doc"

Tuesdays at Noon

Meet north of Third Street, at the Milwaukee Trail, on Catlin

Community members are invited to trek a 2-mile expanse of the Milwaukee Trail, as part of Community Cancer Care and Prevention Center's Missoula Walk with a Doc program. The program launches at noon Tuesday, Feb. 14, and will continue every Tuesday through May.

[Learn More](#)



### Job Opening

#### The Parenting Place

Social Worker (Full-time)

Facilitate parenting classes and work one on one with families in need of parenting support.

Applicant must have a BA in Social Work or a related field, as well as experience with families and children. Previous class facilitation is preferred. Starting wage is \$13.25/hr.

To apply with The Parenting Place, bring a resume to 1644 S. 8th St. W., Monday-Thursday 9-5pm, or email to [teresa@parentingplace.net](mailto:teresa@parentingplace.net)

[Learn More](#)

### Two Screenings of the Paper Tigers Documentary

Hosted by the Parenting Place  
Cost: Free



**Thursday, April 6th**  
Sentinel High School  
6pm - 8pm  
&  
**Tuesday, April 25th**  
Missoula Public Library

4:30pm - 6:30pm (Childcare Available)

[Learn More](#)



### Thursday, April 6th

#### Low Cost Helmet Sale

Providence Medical Building - 601 W Spruce - Suite K  
1:30pm - 4:30pm  
Low cost bike, skateboarding, ski/snowboarding, and equestrian helmets available for kids and adults.

[Learn More](#)



### Friday, April 7th

#### Autism Acceptance Celebration

MSO Hub/The Bicycle Hanger

5:00pm - 8:00pm

Child Development Center (CDC) invites you to celebrate and spread acceptance of kids on the autism spectrum! There will be ART by [Big Sky High School](#) and CDC and RAFFLE packages.

[Learn More](#)

**Big Brothers Big Sisters Of Missoula**

**A Little Art Show:**

**When:** First Friday, April 7th  
**Time:** 5-8pm  
**Where:** Deep Tissue Massage Group Inc.  
**Address:** 725 W Alder St #20  
**What:** An Art Show and Senior Project

Start Something

Celine is a senior in high school and a Little in the Big Brothers

### Friday, April 7th

#### A Little Art Show

Deep Tissue Massage Group, Inc. (725 W. Alder, Suite 20)

5:00pm - 8:00pm

Celine Herbenson, a Little in the Big Brothers Big Sisters program, is putting on an art show with art created by Bigs and Littles in the program.

[Learn More](#)

### Saturday, April 8th

Spring Wellness Fair



Payne Family Native American Center  
10:00am - 2:00pm  
FREE for Missoula's American Indian/Alaska Native  
Community. Education, Resources, Screenings, Vaccines, and  
more. Raffle baskets, prizes, and gifts!

[Learn More](#)



## Saturday, April 8th

### Healthy Kids Day

YMCA Missoula (3000 S. Russell)

9:00am - 12:00pm

Celebrate fitness and healthy living at this  
FREE event which includes family-friendly  
activities, community partnerships, and more.

[Learn More](#)



## Tuesday, April 11th

### Parent Education Workshop

Western Montana Addiction Services (1321  
Wyoming St., Basement Conference Room)

6:00pm - 8:00pm

For parents of adolescents to learn more about  
addiction and receive support on setting boundaries  
and communicating more effectively.

[Learn More](#)



## Saturday, April 15th

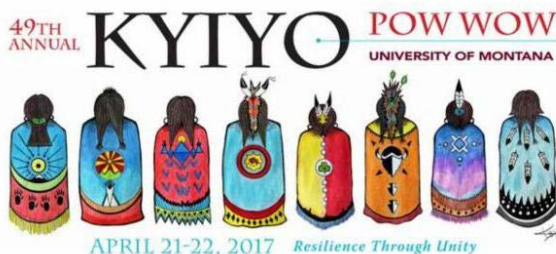
### Diversity Day 2017

Missoula Senior Center

7:00pm - 10:00pm

Join Empower Montana, their Youth Advisory Council,  
Youth Forward, and their after school clubs, EPIC  
(Empowering People, Inspiring Change). Featuring  
showcases of youth talent which include song, dance,  
and spoken word.

[Learn More](#)



## April 21st - April 22nd

### 49th Annual Kyiyo Pow Wow

Adams Event Center

Join Kyiyo Native American Student  
Association as they host one of the oldest  
student organized pow wows in the nation.  
General admission \$5 a session or \$12 for  
a weekend pass.

[Learn More](#)





## Friday, May 12th

### Childwise Institute Spring Conference: "The Trauma Informed School"

Holiday Inn, Great Falls  
8:30am - 4:00pm

Jim Sporleder will present his new Administrative Guide "The Trauma-Informed School" A step-by-step implementation guide for Administrators and School Personnel.

\$200 Registration Fee

[Learn More](#)

## Attend a Coalition Meeting!

### Healthy Start

Thursday, April 20th, 2017

9:00am - 10:30am

Location: YMCA Missoula  
3000 S. Russell St., Missoula, MT 59801

Coordinator Anna Semple  
[anna@missoulaforum.org](mailto:anna@missoulaforum.org)

### MUSAP

Wednesday, April 5th, 2017

General meeting: 9:00am - 10:30am

Location: Salvation Army Community Center  
355 S. Russell St., Missoula, MT 59801

Coordinator Brandee Tyree  
[brandee@missoulaforum.org](mailto:brandee@missoulaforum.org)

### Rx Task Force

Friday, April 7th, 2017

10:00am - 11:00am

Location: City Life Community Center  
1515 Fairview Ave.

Coordinator Brandee Tyree  
[brandee@missoulaforum.org](mailto:brandee@missoulaforum.org)

Missoula Forum for Children and Youth  
223 W. Alder St.  
Missoula, MT 59802

406.258.3020

[info@missoulaforum.org](mailto:info@missoulaforum.org)  
[www.missoulaforum.org](http://www.missoulaforum.org)

#### Contact Forum Staff

MUSAP Coordinator - [Brandee Tyree](#)  
YDN & Healthy Start Coordinator - [Anna Semple](#)  
Outreach Coordinator - [Leah Fitch](#)

**The findings and conclusions in these newsletter materials are those of the authors and do not necessarily represent the position of The Missoula Forum for Children & Youth.**

STAY CONNECTED:



Missoula Forum for Children and Youth, 223 W. Alder, Missoula, MT 59802

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