

ADSGC NEWS



Alcohol & Drug Services of Gallatin County Newsletter

May 2016



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Heroin + Other Opioids

From Understanding to Action

The epidemic ...

“The opioid epidemic is devastating American families and communities. To curb these trends and save lives, we must help prevent addiction and provide support and treatment to those who suffer from opioid use disorders.” Dr. Tom Frieden Director, Centers for Disease Control & Prevention

Understanding ...

- Heroin and other opioids, such as prescription painkillers, are all very similar at the molecular level.
- Increased misuse of prescription painkillers over the past decade has driven an increase in heroin use.
- Fentanyl – an opioid that is 25-40 times as powerful as heroin – is being illicitly produced and sold and is driving overdoses.
- Withdrawal from opioids is especially difficult.

Action

Individuals can ...

- Talk with loved ones about the risks of opioid abuse and act to prevent early use of all drugs of abuse, including alcohol
- Monitor, safeguard, and properly dispose of unneeded medications
- Recognize the signs of opioid abuse and overdose
- Help a friend or family member find treatment and reduce the stigma around substance use disorders

Communities can ...

- Increase the quality and availability of treatment and support for recovery
- Make Naloxone available to reduced overdose deaths
- Implement local safe drug disposal programs

For additional information, visit: www.drugfree.org/heroin



Life with a Mental Illness

This year's theme for Mental Health Month

During the month of May, the National Alliance on Mental Illness (NAMI) and participants across the country are bringing awareness to mental health.

NAMI believes that these issues are important to address all year round, but highlighting these issues during May provides a time for people to come together and display the passion and strength of those working to improve the lives of all Americans whose lives are affected by mental health conditions.

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

Learn more at nami.org



Principles of Substance Abuse Prevention for Early Childhood

A Research-Based Guide



Abundant research in psychology, human development, and other fields has shown that events and circumstances early in peoples' lives influence future decisions, life events, and life circumstance or what is called the *life course trajectory*.

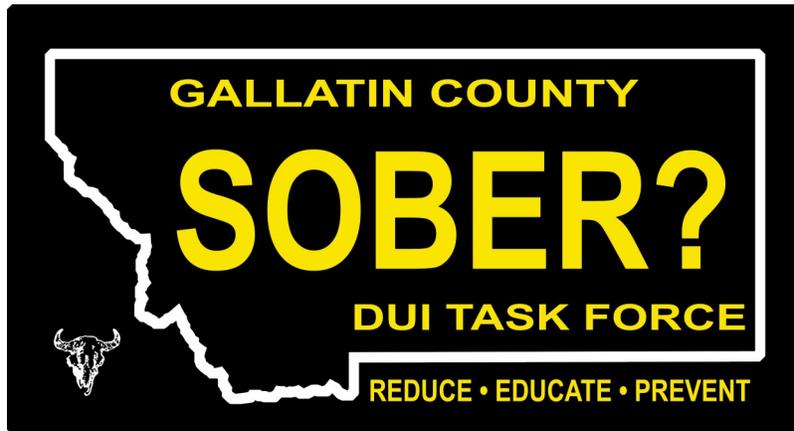
People who use drugs typically begin doing so during adolescence or young adulthood, but the ground may be prepared for drug use much earlier, by circumstances and events that affect the child during the first several years of life and even before birth.

7 Principles of Substance Abuse Prevention for Early Childhood

1. Intervening early in childhood can alter the life course trajectory in a positive direction.
2. Intervening early in childhood can both increase protective factors and reduce risk factors.
3. Intervening early in childhood can have positive long-term effect
4. Intervening in early childhood can have effects on a wide array of behaviors.
5. Early childhood interventions can positively affect children's biological functioning.
6. Early childhood prevention interventions should target the proximal environments of the child.
7. Positively affecting a child's behavior through early intervention can elicit positive behaviors in adult caregivers and in other children, improving the overall social environment.

Learn more:

<https://www.drugabuse.gov/publications/principles-substance-abuse-prevention-early-childhood/index>



Gallatin County DUI Task Force

Law Enforcement DUI Awards

April 19, 2016

Awardees

Gallatin County Sheriff's Office

Deputy Daniel Haydon

Montana Highway Patrol

Trooper Dan Amundson
Trooper John Scheer
Trooper Jason Love
Trooper Brad Moore
Trooper Bertie Lau

Bozeman Police Department

Officer Justin Chaffins
Officer Travis Fjetland
Officer Jonathan Odgen
Officer Quinn Elingston
Officer Shawn Toresdahl

Belgrade Police Department

Officer Phil Brupbacher
Officer John Owens

Manhattan Police Department

Officer Rocky Hamilton

Congratulations to these officers for their efforts and service in reducing the number of alcohol and/or drug related crashes and deaths in Gallatin County.