

ACI, INC. NEWSLETTER

December 2014–January 2015

ADLC DUI Task Force – *Heidi Nielsen reporting:* The DUI Task Force met on December 11th and January 8th. Police Chief Tim Barkell reported that there were a total of 66 DUIs and 36 MIPs for 2014. Chief Barkell noted that the DUIs were up for 2014 compared to 51 DUIs in 2013, and that MIPs were down for 2014 compared to approximately 80 in 2013. In 2014, it was also noted that more people have been seen walking instead of driving after drinking. Finally, Chief Barkell is looking to upgrade officer body cameras to enhance field sobriety test evidence for trials. ACI and Tri-County Addiction Services have offered to help fund the effort. More on this will be discussed at ACI's January meeting. The next DUI Task Force Meeting is scheduled for February 12th at 10 a.m. in the ACI office located at 118 E. 7th Street, Suite 2D unless otherwise noticed.

Buckle-Up Montana – *Mary Jo Stosich reporting:* Buckle-Up Montana's December activity report included

- Presentation at Alcohol Server Training with Dan Haffey.
- Scheduled monthly presentation at SMART Program which will include DUI Court clients.
- Composed monthly media article for publication and emailed to Buckle Up Coordinators.
- Organized monthly car seat clinic at Uptown Fire Department.
- Scheduling seat belt presentations for 2nd semester at Butte High School.
- Collected and tabulated seat belt survey from Dillon MT.
- Set up "Empty Dinner Party" display in lobby of Health Department.
- Contacted Butte area business to display buckle up messaging on their reader boards.
- Participated in monthly conference call.
- Distributed cancer screening surveys to each of our three wellness worksites, Butte Silver Bow Health Department and Courthouse employees and YMCA employees. All surveys returned to be tabulated.
- Attended September quarterly Southwest Montana Cancer Coalition meeting.

Montana Cancer Screening Program:

- Preparation for second small media campaign to be distributed to worksite wellness partners: Butte Silver Bow Health Department, Butte Silver Bow Courthouse Employees and the Butte YMCA employees.
- Attended quarterly Southwest Montana Cancer Coalition meeting.

HIPAA:

- Presented HIPAA training including confidentiality agreements for four employees.
- Purged 17 boxes and one 4 drawer file cabinet of Chemical Dependency files.
- Organized five file cabinets with most current chemical dependency client files and financial paperwork. Located keys to make sure cabinets are locked at all times in order to have office door unlocked for secure fax machine located within the room.

WIC:

- Shadowing Competent Professional Authority personnel to learn procedure for follow up appointments.
- Performing lead and hemoglobin tests on clients.

Chemical Dependency:

- Faxed and emailed client/court requests for completion of classes and evaluations.

Drug Free Communities/STOP Act – *Heidi Nielsen reporting:* December brought bell ringing, grant sector updates, and Social Host webinars - among many other tasks - for ACI. But the best news for ACI came on New Year's Eve. ACI is now recognized as a formal 501(c)3 non-profit organization! A huge thank you to everyone who helped with that process and to AFRC for their extended support during the lengthy process! ACI is very excited and most grateful.

ACI staff, in coordination with our grant evaluator, Robin Morris, have been working on continuation applications for both the STOP Act grant and the DFC grant. Continuation applications are due January 13th and 26th respectively. ACI staff are also working on securing financial support for this summer's first annual Youth Leadership

Camp (aka *Camp H₂O*). ACI is working with a collaboration of local service organizations and prevention partners to pull off this pilot camp experience. We are anticipating a dynamic growth opportunity for our local youth to encourage healthy choices and leadership skills. Anyone interested in helping with the camp initiative is encouraged to contact Heidi Nielsen at aci.heidi@gmail.com or Matt Buerkle at aci.mattb@gmail.com for more information. Additionally, ACI staff, local prevention partners, and the FMMS have kicked off the first FMMS Leadership Academy Day on January 6th. FMMS ALA Days will continue every other Tuesday, concluding on February 17th. For more information about FMMS ALA, contact Matt Buerkle.

ACI staff are also working with Mary Wood, FMMS Student Counselor, to coordinate the 8th Grade Pledge Luncheon. The most recent suggestion is to host the event around Valentine's Day with a theme related to "Love Your Body." If anyone has an idea for a speaker during the luncheon, please contact Heidi Nielsen or Mary Wood.

Finally, Matt Buerkle and Heidi Nielsen will be attending CADCA's National Leadership Forum in Washington DC from February 1st through 6th. They will miss the February ACI meeting as a result, but are anticipating reporting back with encouraging prevention information at the March ACI meeting.

Graduation Matters Anaconda Executive Council – Heidi Nielsen reporting: The GM Council was on break through the holidays. The next GM Council meeting is set for January 22nd at 6:30pm, location TBD. Council meetings are typically held on the 4th Thursday of every month.

Pintlar Suicide and Prevention (PSAP) – Janel Plylie reporting: PSAP met on December 2nd and January 6th. Valerie Kime, Geri Marchion, and Mary Alice Jones are available to provide QPR (Question, Persuade, Refer) training in our tri-county area! This basic suicide first aid training is a skill everyone should know. PSAP can provide this 1-2 hour training to any small group for free. This training is extremely important to learn. You just might save a life. For more information, please contact Janel at Adult Protective Services (406) 563-3448 ext. 209.

Janel reported that Rep. Edie McClafferty, D-Butte is carrying a bill to mandate all public school teachers and counselors receive suicide prevention training every five years when they renew their certificates. PSAP has a copy of the draft bill. PSAP requested the bill to be modified to include teaching suicide prevention to every middle and high school child in Montana.

The next PSAP meeting is scheduled for February 3rd at 8:30am in Hearthstone's library.

Montana State University Extension – Abbie Phillip, Anaconda-Deer Lodge County Agent reporting:

- January 8th from 9-10am, there is a non-profit roundtable located at the Butte Archives, hosted by Anderson Zurmuehlen Accounting. Refreshments are provided. The topic this month is volunteerism; how to recruit and maintain helpful and skills volunteers for your organization.
- Are you looking for meaningful and free ways to promote your organization through volunteer service projects and connect with youth? There is a meeting Monday, January 12th at noon at the Fred Moodry Middle School to discuss Martin Luther King Day of Service and a FREE youth workshop on service learning. MLK Day of Service is Monday, January 19th (no school). Anaconda will celebrate current and new youth service projects through Global Youth Service Day Awareness in May 2015.
- Each Thursday from 12-2pm, there are free cooking and nutrition classes going on at the Anaconda Family Resource Center, Boys and Girls Club, led by Jocelyn Pruitt, SNAP-ed Program Manager for Anaconda-Deer Lodge and Butte-Silver Bow. SNAP-ed resources are based on eligibility. To find out more about eligibility and register for the next class, email jocelyn.pruitt@montana.edu or call 406-723-0217.
- Hike it Baby is a NEW family hiking and outdoor activity group that is free and available to all families in the Tri-County area. New hikes and events are happening each week such as, park and play, urban strolls, and trail hikes. For details join the Hike it Baby Anaconda Facebook group, email Anaconda@hikeitbaby.com or call Abbie Phillip 406-560-2926.
- Grandparents raising grandchildren with or without parents present is more common in our community than you might think. MSU Extension and ADLC Best Beginnings Coalition are partnering along with community-based leaders to offer the Grandparents Raising Grandchildren (GRG) class and support group created specifically for Montana families to help with parenting, family economics and legal issues. A sign-up for support group leaders and families is now open.
- The Strong Women, Stay Young, Stay Fit and Stay Strong Programs are coming to InMotion exercise studio in February. While this class is traditionally attended by middle-aged and older women, men benefit from the same strengthening

exercises for healthier, safer living. The first session runs February 3rd through April. Sign-ups for training and classes are now open. Contact Lisa Saur in the ADLC MSU Extension Office 563-4035/4036.

•Shift of Livingston is an innovative family and youth interventions organization who work in and out of the school environment to empower youth in critical thinking and discussions that lead to meaningful ways to deal with the day-to-day issues that we all face in our development as individuals. Shift, “these issues are not typically covered in the school and may or may not be addressed in the home.” Youth and adults are welcome to register for this free weekend intensive, February 19th, 20th, and 21st. I recommend this event as an in-situ training event and youth retreat because The Shift Organization has 20+ years in the field, working on techniques of restorative justice and trauma-informed youth intervention.

If program specific contact information was not provided above, please call Abbie Phillip, MSU Extension in ADLC at 563-4036 for more details.

Montana Tobacco Use Prevention Program (MTUPP) – Cynde Cheek-Ascherman, Tri-County Tobacco Prevention

Specialist reporting: This month and into the next, Cynde will be presenting to ADLC Public Health Employees on e-cigarettes and also the Quit Line in reference to pre and post pregnancy. She featured an article in The Anaconda Leader regarding Quit Line and their website and the special offers of the program. She is partnering with the Anaconda Family Resource Center in hosting a “Scrap Tobacco for Good” event for anyone who is interested in scrapbooking and receiving some tobacco education at the same time! It will be held the weekend of January 30th-Feb 1st. Please let Cynde know if you would like more information regarding this. She is hoping to hold a TATU (Teens Against Tobacco Use) recruiting event in February and is currently working on partnering with the Deer Lodge Youth Board on a Family Fun Day where she will also be recruiting for TATU. *Through with Chew Week* starts February 15th. This corresponds with a big event in Helena called “Celebration On The Hill”, where Cynde is taking several youth and adults from both Deer Lodge and Powell County. Celebration on the Hill is an opportunity to educate legislators in the state of Montana about the deadly consequences of tobacco and the shady practices of corporate tobacco. This is a two-day event on February 16-17th. If anyone is interested in this, please let Cynde know and you can join us!

Tri-County Mental Health Local Advisory Council (TCMH-LAC) – Heidi Nielsen Reporting: The LAC met on December 10th to discuss further outreach and development of the TCMH-LAC. The group would like to start planning a Town Hall Meeting for Granite County. The January meeting is scheduled for Wednesday the 14th at noon in the board room of the Deer Lodge Hospital. The meeting is open to the public. Anyone interested in receiving an agenda and/or a link to the webinar is free to contact Heidi Nielsen at aci.heidi@gmail.com

Proposed ACI Calendar To-Date:

January

- 8th – ACI meeting 12pm (CSC 3rd Floor Conf.)
- 14th – LAC meeting 12pm-1:30pm (Deer Lodge Hospital)
- 15th – Caregivers meeting 12pm (Classic Café)
- 19th – MLK Day of Service meeting 12pm-2pm (FMMS)
- 19th – Focus Group #2 activity 2:30pm-4:30pm (TRC)
- 21st – PTA meeting 6:30pm (Lincoln Elementary Library)
- 22nd – GM Council meeting 6:30pm (Location TBA)

February

- 1st-6th – CADCA Leadership Forum (National Harbor, MD)
- 3rd – PSAP meeting 8:30am (Hearthstone Library)
- 5th – ACI meeting 12pm (CSC 3rd Floor Conf.)
- 11th – LAC meeting 12pm-1:30pm (CSC 3rd Floor Conf.)
- 11th – ACI’s COMET Report due
- 12th – DUI Task Force meeting 10am (CSC Room 2D)
- 18th – PTA meeting 6:30pm (Lincoln Elementary Library)
- 20th-22nd – YELP conference (Livingston, MT)
- 26th – GM Council meeting 6:30pm (Location TBA)

CSC = Anaconda Community Service Center

Action Plan Objectives to Complete:

- Develop a Youth Subcommittee
- IDENTIFY POSITIVE COMMUNITY NORMS**
- Support Community Leadership Development
- STEP-UP ATOD PREVENTION CAMPAIGNS
- Regularly Acknowledge Positive Efforts
- Develop a “Natural High” Campaign
- Encourage Athletic Code of Conduct Enforcement
- Recruit Alcohol Retailers to the Table**
- Assist Retailers in Piloting a New Practice
- Develop an Evaluation Subcommittee
- Identify & Implement Environmental Strategies
- Increase Local Compliance Checks
- Develop a Parent Coalition**
- Conduct Parent Surveys
- Conduct Student Surveys
- Complete the Social Host Ordinance
- Expand the Annual 8th Grade Pledge
- DEVELOP A COALITION ORIENTATION MANUAL**